Suicide Bereavement: The Missing Link in Suicide Prevention

The University of Manchester Third Suicide Bereavement Conference

Dr Myfanwy Maple
University of New England, Australia

Seán McCarthy
International Association for Suicide Prevention

Darren Rocks
Choose Life, NHS Scotland

Dr Sharon McDonnell
University of Manchester

Malcolm Rae
OBE, SRCN

Manchester Conference Centre
23rd September 2014
£60

Please click for information on workshops

Address & Map
Online Booking Form
Contact Details & Itinerary

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Pennine Care
NHS Foundation Trust
The Matthew Eltridge Trust
Dr. Myfanwy Maple is an Associate Professor in Social Work at the University of New England. Myfanwy has contributed to informing the broader community about suicide, suicide bereavement and postvention and is one of Australia’s few internationally recognised experts in suicide bereavement. Her PhD – ‘Parental Portraits of Suicide: Narrating the loss of a young adult child’ – was the first in Australia to examine the journey of parental suicide grief through their own narratives and was the foundation for being awarded the inaugural Suicide Prevention Australia Emerging Researcher Award in 2007.

Seán McCarthy is currently Co-Chair of the International Association for Suicide Prevention (IASP) Special Interest Group (SIG) on Postvention. He was a member of the steering group for the development of Reach Out, National Strategy for Action on Suicide Prevention 2005-2014 for Ireland. Sean is currently national lead on the roll out of the Suicide Crisis Assessment Nursing Service (SCAN) a suicide prevention initiative to Primary Care services. He has a particular interest in the development of suicide bereavement support services. Sean has also lost a close family member to suicide.
Darren Rocks is a Senior Health Improvement Programme Officer for the National Programme for Suicide Prevention NHS Health Scotland. In his 6 years of working within NHS Health Scotland’s Choose Life national programme, Darren has worked with partners to develop national suicide prevention guidance on; looked-after children; supporting people bereaved by suicide; suicide prevention in rural areas, and suicide prevention in locations of concern. In 2013 he was part of the Scottish Government’s national reference group for the development of the new suicide prevention strategy.

Dr. Sharon McDonnell works in the Centre for Mental Health and Risk, University of Manchester. She specialises in suicide bereavement research. Sharon and her team are currently developing a training pack to guide health professionals how to respond to parents bereaved by suicide. Sharon is in the early stages of developing a suicide bereavement research unit within the Centre for Mental Health and Risk at the University of Manchester. This venture is in collaboration with Pennine Care NHS Foundation Trust.
Malcolm Rae OBE has extensive experience working in a range of mental health specialities. During 1997-2002 he was Nurse Advisor for Mental Health and Forensic Psychiatry at the Department of Health. Malcolm then became the Joint Lead for the Acute Care Programme of the National Institute for Mental Health England for eight years. He was awarded the OBE in 1996. In June 2013 he was awarded a Lifetime Achievement Award for Leadership in Nursing by the Journal of Psychiatric and Mental Health Nursing. Malcolm is largely employed as an Independent Investigator into serious untoward incidents, in particular, suicide and homicides in both inpatient and community settings. He is the Co Founder of ‘State of Mind’ a Rugby League and Mental Health initiative.

Shirley and Dean Smith run the If U Care Share Foundation (IUCSF) in County Durham, which was set up in memory of their son Daniel who took his own life in March 2005. IUCSF has been a registered charity since 2011 and focuses on prevention, intervention and support for people touched by suicide. Their contribution to suicide prevention/postvention is recognised nationally. IUCSF are members of several bodies that focus on suicide prevention, including, the National Suicide Prevention Strategy Advisory Group.
Kevin Betts is a runner and mental health campaigner with a passion for goal setting and pushing himself and others beyond their expectations. In 2011 Kevin ran 52 sub 4-hour marathons and in 2012 he led a group who ran from Paris’ Arc De Triomphe to London’s Marble Arch in 4 days. He believes that he is no more talented than the next man, and has learned that determination is everything. Kevin is a personal trainer who works with people to set goals, stay motivated and to inspire both themselves and others. Kevin lost his dad to suicide.

Trish Thomas has been widowed by suicide and has been a member of Survivors of Bereavement by Suicide (SOBS) for 17 years. Trish has recently worked in partnership with Gloucestershire Police and 2together (Glos) NHS Foundation Trust for Mental Health to develop a new protocol for officers to follow when engaging with people bereaved by suicide, which is compliant with the aim of Area for Action 4: Improved support for the bereaved in the National Suicide Prevention Strategy 2012.
Kathy Devlin represents the Beacon Counselling Trust, a mental health support provider delivering a wide range of community based programmes in Merseyside and the North West, with a central Hub in Liverpool and a residential facility in Anglesey. Kathy is an experienced mental health clinician with a wide range of qualifications in and around the field of mental health and emotional wellbeing and has worked nationally and internationally within this field. Kathy is experienced at Critical Incident Debriefing and delivers training and intervention programmes on Suicide Prevention and Postvention.

Neil Platt also represents the Beacon Counselling Trust, and is a mental health support provider delivering a wide range of community based programmes in Merseyside and the North West, with a central Hub in Liverpool and a residential facility in Anglesey. Neil is an experienced mental health clinician with a wide range of qualifications in and around the field of mental health and emotional wellbeing and has worked nationally and internationally within this field. Neil is experienced at Critical Incident Debriefing and delivers training and intervention programmes on Suicide Prevention and Postvention.
Dr Phil Cooper is a Dual Diagnosis Nurse Consultant at 5Boroughs Partnership NHS Foundation Trust and Co-Founder of State of Mind. Phil is an award winning and widely published mental health nurse who has piloted a number of clinical and service innovations. He has devised and implemented successful training programmes in the area of substance misuse, mental wellbeing and resilience for Rugby League players, students and communities. In 2012 he was awarded the Royal College of Nursing’s Nursing Standard Mental Health Award for his work with ‘State of Mind’.

Jimmy Gittins was a Professional Rugby League player for 10 years when he broke his neck in two places during a match. He was told that he would never walk again or be able to feed himself. Jimmy was determined to rehabilitate himself by setting goals and incrementally moving step by step. Nine months later he walked out of hospital and has since gone on to achieve some incredible successes as he continues to challenge himself and give back to the community. He has undertaken many notable charity activities, including cycling across France and Sky Diving with the Red Devils.
Danny Sculthorpe is a former Super League Rugby Prop Forward who recently retired as a result of injury and illness which impacted on his mood and wellbeing. Subsequently Danny has become involved in State of Mind as a key contributor to training programmes and in the media. Danny’s personal experience of injury and illness and how he is dealing with his problems, brings highly credible and powerful insights into responding to adversity.

Rebekah Lawson is from a nursing background. She is employed by Winstons Wish, which is a charity that provides support for bereaved children and young people. Rebekah is the lead practitioner for the new Winston’s Wish service to be provided in the Greater Manchester area. She has extensive experience in bereavement support for both children and adults.
Route Information

The red line shown in the map is the quickest walking route directly from The Manchester Conference Centre to Manchester Piccadilly Train Station.

FROM THE NORTH VIA M6 M61:
Follow STRETFORD signs onto M60. Leave at Junction 12 and join M602 SALFORD. At end of Motorway, follow A57 MANCHESTER sign (Regent Road) for approx. 1 mile. Proceed under railway bridge, continuing onto A57M (Mancunian Way). Continue on A57M and take 2nd exit. Immediately fork right on slip road onto Sackville Street, following UNIVERSITY sign. Turn left at the Retro Bar into Charles Street for the NCP CAR PARK.

FROM YORKSHIRE VIA M62/M60:
Leave at Junction 17 signed CITY CENTRE, and follow A56 towards Manchester for 4 miles (Bury New Road, becoming Great Ducie St.) Enter city under railway bridges and keep straight ahead, still on A56, onto Deansgate. In 1/2 mile, turn left at traffic lights (signed UNIVERSITIES) onto John Dalton Street and continue straight ahead at next lights onto Princess Street. In 1/2 mile, pass under railway bridge and immediately turn left at lights onto Charles Street. The NCP CAR PARK is on left.

FROM DERBYSHIRE VIA A6:
Follow A6 signs towards Manchester City Centre until reaching the flyover junction with A57M. Continue on A6 and in 200 yards pass under railway bridge and turn left at traffic lights onto Fairfield Street. Pass Sackville Gardens on your right, and turn left at traffic lights onto Sackville Street. Pass under railway bridge and turn right onto Charles Street for the NCP CAR PARK.

FROM THE SOUTH VIA M6 / NORTH WALES & CHESTER VIA M56:
Leave M6 at Exit 19 and follow A556 MANCHESTER for 4 miles. Join M56 MANCHESTER at roundabout and follow to end of M56 and continue straight onto A5103 MANCHESTER for 4 miles. At roundabout take 3rd exit following A57M SHEFFIELD to next roundabout. Here take 2nd exit up ramp to join A57M. Keep in nearside lane for 200 yards, and leave 1st exit signed UNIVERSITY. Immediately fork right on slip road, following UNIVERSITY sign. Turn left at the Retro Bar onto Charles Street for the NCP CAR PARK.

FROM MERSEYSIDE VIA M62:
Leave at Exit 12 and join M602 SALFORD. At end of Motorway, follow A57 MANCHESTER sign (Regent Road) for approx. 1 mile. Proceed under railway bridge, continuing onto A57M (Mancunian Way). Continue on A57M and take 2nd exit. Immediately fork right on slip road onto Sackville Street, following UNIVERSITY sign. Turn left at the Retro Bar into Charles Street for the NCP CAR PARK.

RAIL
FROM PICCADILLY STATION ON FOOT:
Head for the escalators to the left of the concourse. Follow the signs for Fairfield Road/’Taxis’. Cross Fairfield Street to the Bulls Head pub. To the left of the pub is Granby Row. Walk to the end of Granby Row and turn left onto Sackville Street. Walk 250 yards and the Manchester Conference Centre will be on the right.

OXFORD ROAD STATION:
At the bottom of the station approach turn right onto Oxford Street. After 180 yards, cross Oxford Street and turn left onto Charles Street. After 350 yards (at Retro Bar) turn right and the Manchester Conference Centre is on the right.

VICTORIA STATION:
Take the MetroLink Tram to Piccadilly Rail Station. Exit to the street at platform level following the signs for Fairfield Road/’Taxis’. Cross Fairfield Street to the Bulls Head pub. To the left of the pub is Granby Row. Walk to the end of Granby Row and turn left onto Sackville Street. Walk 250 yards and the Manchester Conference Centre will be on the right.

Postcode: M1 3BB
Contact Details and Programme

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<tr>
<th>Registration</th>
<th>8.15 to 9.25</th>
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<tr>
<td>Chair: Malcolm Rae</td>
<td>Welcome to the University of Manchester conference</td>
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<tr>
<td>Reagan Blyth</td>
<td>Welcome from Pennine Care NHS Foundation Trust</td>
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<td>Darren Rocks</td>
<td>Supporting People Bereaved by Suicide</td>
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<tr>
<td>Myfanwy Maple</td>
<td>Suicide Bereavement and Risk: Understanding the Impact of Exposure to Suicide</td>
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<td>Coffee Break</td>
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<td>Sean McCarthy</td>
<td>The Forgotten Pillar of Suicide Prevention: The Role of IASP in Developing and Promoting Postvention</td>
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<td>Sharon McDonnell</td>
<td>Giving a Voice to Parents Bereaved by Suicide and Health Professionals who Support Them</td>
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<td>Panel Discussion</td>
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<td>Lunch/networking</td>
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Workshop 1 - Choice of one of the following three workshops: 13.45
1. Shirley Smith | The 'S' Word |
2. Kevin Betts | How We Dealt with your Death: A Decade Since you Chose to Die |
3. Trish Thomas | Working with the Police to Help Guide Them how to Respond to Those Bereaved by Suicide |

Workshop 2 - Choice of one of the following two workshops: 14.40
1. Phil Cooper, Jimmy Gittins and Danny Sculthorpe | STATE of MIND: What's Yours? Promoting Mental Fitness and Tackling Stigma |
2. Kathy Devlin and Neil Platt | What has Changed in 20 Years and How do we Facilitate Change? |
Rebekah Lawson | The Right Support at the Right Time – Establishing a Service for Families in the North West | 15.25 |
Malcolm Rae | Reflection and closing remarks | 15.50 |

Contact: Ms Ali Roscoe, Suicide Bereavement Conference, Centre for Mental Health and Risk, Jean McFarlane Building, The University of Manchester, Manchester, M13 9PL, United Kingdom
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Those attending can attribute learning credits towards appraisal and revalidation.